



# Yummy

## After-SCHOOL SNACK IDEAS



### Something healthy ...

- Mandarin oranges
- Raisins
- Granola bar
- Snap peas
- Baby carrots/ranch
- Ants on a log (celery, peanut butter and raisins)
- Grapes
- Ham and cheese slices rolled up
- Apple Sauce
- Banana slices
- Edamame
- Avocado toast
- Pickles
- Celery sticks
- PB&J squares
- Peanuts
- Cantaloupe
- Fried egg
- Orange juice
- Pears & Cottage cheese
- Triscuit pizzas
- Energy balls
- D'Animals
- Go-gurt
- Pretzels
- Orange slices
- Sliced cucumbers
- Applesauce
- Apple slices
- Red pepper slices
- Raspberries
- Dried fruit
- Toast and jam
- Trail mix
- Raw almonds
- Veggie Straws
- Rice cakes
- Green smoothie
- Roasted green peas
- Fruit leather
- Fruit kabob
- Protein cookies
- Yogurt popsicles
- Granola and yogurt
- Hard-boiled egg
- Chocolate milk
- Peanut butter and banana toast
- Cheese and jam
- Fresh salsa
- Corn on the cob
- Raw broccoli and ranch
- Apricot or a peach
- Bagel and cream cheese
- Protein bar
- String cheese
- Hummus and chips
- Frozen banana bites
- Strawberries
- Noodles and sauce

### ... plus something not

- Fruit roll ups
- Cookies
- Zucchini bread
- Animal crackers
- Chips
- Licorice
- Marshmallows, graham crackers and chocolate chips
- Ice cream cups
- Cold cereal
- Nutella toast
- Squeeze it
- Pudding cup
- Jell-O Jigglers
- Otter pop
- D'Animal dippers
- Muffins
- Chicken nuggets
- Peanut butter popcorn
- Ritz crackers
- Fruit snacks
- Gummie bears or gummie worms
- Cupcake
- Pepperoni
- Hot pockets
- Taquitos
- Ice cream shake
- Capri Sun
- Soda Pop
- Grape juice
- Vanilla wafers
- Goldfish crackers
- Bagel bites
- Tator tots
- Pigs in a blanket
- Chips and salsa
- Bacon
- Angel food cake/whipped cream
- Donuts
- Quesadillas
- Nutella & Go
- Mini candy bar
- Nachos
- Grilled cheese
- Hot dog slices
- Muddie Buddies
- Pop rocks
- Gushers
- Chocolate-covered pretzels
- Chocolate covered raisins or almonds
- M&Ms
- Pizza Rollups
- Rice krispie treats
- Mozzarella sticks
- Mini corn dogs
- Sour Patch Kids
- Sucker
- Brownies

